



Moviprep-Preparation for Colonoscopy

Name _____ Date _____ Arrival Time _____

Physician _____ Location _____

- DO NOT TAKE PHENTERMINE FOR 7 DAYS DAYS BEFORE YOUR PROCEDURE
- DO NOT TAKE IRON FOR 5 DAYS BEFORE YOUR PROCEDURE
- IF YOU TAKE ASPIRIN DAILY, DO NOT STOP IT BEFORE YOUR PROCEDURE
- DO NOT SMOKE ON THE DAY OF YOUR PROCEDURE, INCLUDING SMOKING TOBACCO, ELECTRONIC CIGARETTES, MARIJUANA, CIGARS, AND/OR PIPES

****Special Medication Instructions:** _____

On the day before your colonoscopy (as soon as you wake up):

1. Mix one container of Moviprep by adding 1 Pouch A and 1 Pouch B into the plastic container provided. Add lukewarm water to the top line of the container, and mix to dissolve. Place mixture in the refrigerator.
2. Begin a clear liquid diet.

On your clear liquid diet you may have:

Water

Clear broth (beef or chicken)

Soft Drinks (not red or purple)

Coffee (no cream)

Clear fruit juice (apple/white grape)

Tea

Gatorade (not red or purple)

Popsicles (not red or purple)

Jell-O (not red or purple)

Lemonade (no pulp)

3. At 6:00pm you will begin drinking the Moviprep solution. The container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 ounces), until the full liter is completed.
4. After completing the entire container, drink 16 ounces of clear liquid of your choice.
5. Mix and refrigerate the 2nd container of solution by repeating Step 1 above.

On the day of your colonoscopy:

1. At least 3 hours before your arrival time, you will drink the 2nd container of Moviprep in the same manner as above in Steps 3 and 4.
2. You can go ahead and take your usual morning medicines as well unless you have been instructed otherwise by the nurse or scheduler.

****DO NOT DRINK ANY LIQUIDS FOR AT LEAST 2 FULL HOURS BEFORE YOUR ARRIVAL TIME****

YOUR DRIVER MUST STAY AT THE CENTER FOR YOUR ENTIRE APPOINTMENT

Call nursing at 791-2040 with any questions.

You can also visit our website at www.rexdigestivehealthcare.com for answers to FAQs.